A Niner 5K

**Average Pace:**
- Walking: 45 minutes
- Running: 30 minutes

**Number of emergency blue lights:** 33

**Elevation:**

<table>
<thead>
<tr>
<th>Elevation</th>
<th>Elevation</th>
</tr>
</thead>
<tbody>
<tr>
<td>787 ft</td>
<td>772 ft</td>
</tr>
<tr>
<td>696 ft</td>
<td>911 ft</td>
</tr>
<tr>
<td>196.0 ft</td>
<td>595.5 ft</td>
</tr>
<tr>
<td>753.8 ft</td>
<td>753.8 ft</td>
</tr>
</tbody>
</table>

**Distance:**
- Miles: 3.16
- Steps: 6,200
- Feet: 16,685
- Meters: 5,085

**Intensity:**

- Map My Run was used to collect all data for this project.

This trail was created by:
- Nicole Baer
- Joseph Dashiell
- Charles Mitchell
- Caroline Owen
- Tristan Semmens

A Niner 5k:
The Niner 5K is a 3.16 mile trail that consists of varying levels of intensity. It was created to further express UNC-Charlotte’s dedication towards promoting a healthier lifestyle. It is one of the safest trails on UNC-Charlotte’s containing thirty-three emergency buttons.